

10th Kyu White Belt to 9th Kyu Orange Belt – Kata Khion

(Previously White Belt / White Yellow Stripe)

9th Kyu Orange Belt to 8th Kyu Red Belt – Kata Heian Shodan

(Previously Yellow Belt / Yellow Orange Stripe)

8th Kyu Red Belt to 7th Kyu Yellow Belt – Kata Heian Nidan

(Previously Orange Belt / Orange Green Stripe)

7th Kyu Yellow Belt to 6th Kyu Green Belt – Kata Heian Sandan

(Previously Green Belt / Green Blue Stripe)

6th Kyu Green Belt to 5th Kyu Purple Belt – Kata Heian Yondan

(Previously Blue Belt / Blue Purple Stripe)

5th Kyu Purple Belt to 4th Kyu Purple/White belt – Kata Heian Godan

(Previously Purple Belt / Purple Brown Stripe)

4th Kyu Purple/White belt to 3rd Kyu Brown Belt – Kata Tekki Shodan and any Heian Kata chosen by Examiner

(Previously Brown Belt / Brown White)

3rd Kyu Brown Belt to 2nd Kyu Brown/White Belt – Kata Bassai Dai, Tekki Shodan and any Heian Kata chosen by Examiner

(Previously Brown White Belt / Brown White Tag)

2nd Kyu Brown/White Belt to 1st Kyu Brown 2 white stripe – Kata Bassai Dai, Enpi, Tekki Shodan and any Heian Kata chosen by Examiner

(Previously Brown White Tag Brown Black Belt)

1st Kyu Brown 2 white stripe to 1st Dan Black Belt – Shodan (over 18)/Shodan Sho (under 18) – Kata - Bassai Dai, Enpi, Hangetsu, Jion, Tekki Shodan and any Heian Kata chosen by Examiner

(Previously Brown Black Belt / Black White then 1st Dan at Graduation)

1st Dan Black Belt – Shodan/ Shodan Sho to 2nd Dan Black Belt – Nidan – Minimum 2 Years -Kata - Bassai Dai, Enpi, Hangetsu, Jion, any two chosen Tekki Shodan and any Heian Kata chosen by Examiner Plus 2 chosen by examiner Bassai Sho, Kanku Dai, Kanku Sho, Jitte Ninjashiho Gradings are designed to assess your ability and test your character.

Notification of a grading is not an indication the student is ready for grading, just advising that the minimum required period and amount of compulsory classes has been or likely to be acquired by the grading date.

Students not quite ready will be advised to forgo the grading until such a time as they are considered ready, grading is strictly at the instructor's discretion.

Students looking for shortcuts to belts are advised they are at the wrong club.

In order to pass a grading the student must not only demonstrate knowledge of the required techniques, but have an excellent attendance and disciplinary record.

When gradings take place, students are required to bring the correct uniform, protective equipment, valid license and any other additional items as instructed by the Sensei.

Where possible a panel of examiners will conduct the examination.

The criteria for belt promotion are not only how a student performs certain Karate techniques, but also their mental approach, focus and attitude are taken into consideration.

Minimum time between certain Kyu and Dan grades are set by the club.